

Section: Division of Nursing

PROCEDURE

Index: 7430.052a
Page: 1
Issue Date: May 17, 2001
Review Date: January 17, 2008

Approval: C Reamer RN BSN

HACKETTSTOWN REGIONAL MEDICAL CENTER

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Minor Procedures
(Scope)

TITLE: ADULT MYRINGOTOMY WITH TUBE INSERTION (ALSO CALLED TYMPANOTOMY)

PURPOSE: To outline nursing role in adult myringotomy

EQUIPMENT LIST:

1. Myringotomy tray/speculum set green or yellow from OR.
2. Microscope with 200 x angled lens from OR.
3. Beaver Blade – from OR.
4. Tube/s for ears (doctor's choice) from OR.
5. Sterile gloves.
6. Sterile towel pack.
7. Fenestrated drape.
8. Sterile Q tips.
9. Sterile cotton balls.
10. Specimen cup with betadine.
11. T-B syringe.
12. Lidocaine – usually 2% Plain (ask doctor).
13. 10 cc syringe, 18 g needle, 22 g 1 ½ needle off tray.

CONTENTS:

PROCEDURE:

A. Pre-Procedure Assessment/Care

1. Obtain consent
2. Obtain patients medical/surgical history, current medications, and information pertaining to current complaint.
3. Obtain baseline vital signs.
4. Explain sensations that patient is likely to experience.

B. Intraoperative Procedure Responsibilities

1. Reassure patient during procedure.
2. Assist doctor as needed.
3. Document procedure and patient response to procedure.

C. Post Procedure Assessment/Care

1. Assist patient as needed.
2. Take post procedure vital signs and document.
3. Reinforce doctors discharge instructions.

Reference: Mosbys Dictionary Medical, Nursing and Allied Health 3rd Edition
Perioperative Nursing Principles & Practice 2nd Edition